

# DID YOU KNOW?

**Meeting parental psychological needs** is essential to promote a high-quality involvement in their child's schooling.



PRODUCED BY:

Study on parental needs in supporting their child's schooling [www.besoins-parents.fse.ulaval.ca](http://www.besoins-parents.fse.ulaval.ca)  
Under the direction of Catherine F. Ratelle



CANADA RESEARCH CHAIR  
ON PARENTING AND ACADEMIC  
AND VOCATIONAL TRAJECTORIES



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# Parents need to feel **AUTONOMOUS**

- Choosing to engage in their child's schooling progress because they value their role.
- Being able to choose what is best for their child and be able to make decisions on how to help them in their studies and school activities.

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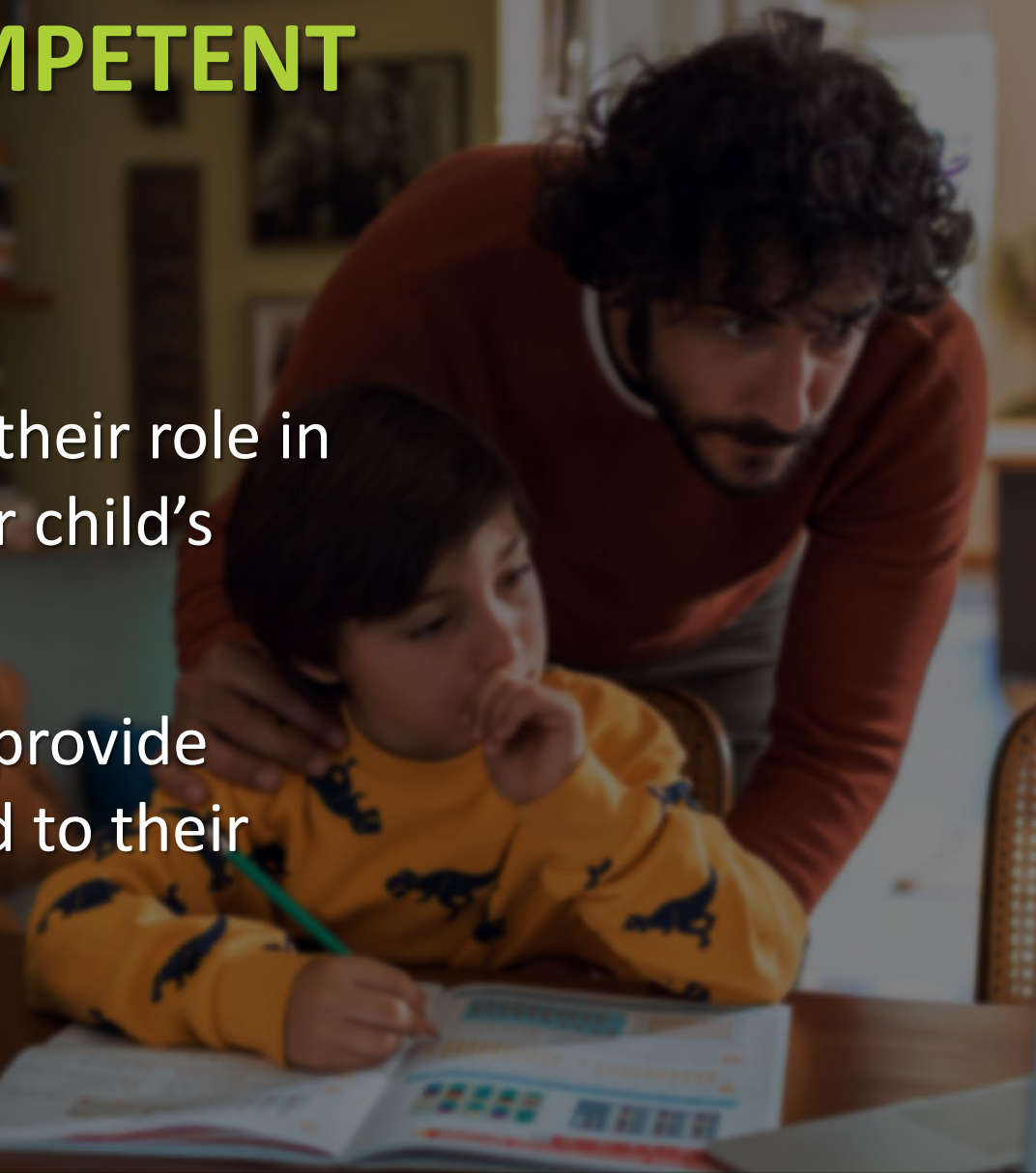




# 2

## Parents need to feel **COMPETENT**

- Understanding their role in supporting their child's schooling.
- Feeling able to provide support tailored to their child's needs.



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Parents need to feel a sense of  
**BELONGING**

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- Maintaining a warm and positive relationship with their child during school tasks.
- Building a positive relationship with their child's teacher.

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