

DID YOU KNOW?

Parental involvement in their children's schooling is important for their motivational and academic development.

Engaged and supportive parents promote their children's **school persistence** and **success**.

PRODUCED BY:

Study on parental needs in supporting their child's schooling www.besoins-parents.fse.ulaval.ca
Under the direction of Catherine F. Ratelle



CANADA RESEARCH CHAIR
ON PARENTING AND ACADEMIC
AND VOCATIONAL TRAJECTORIES



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How to support and engage with your child?

Be **autonomy supportive**

1

- **Listen without judgment and acknowledge your child's perspective and feelings.** This shows that their viewpoints are valued and their experiences matter to you.
- **Clarify the importance of school assignments by illustrating how they can benefit daily life or contribute to achieving their goals.**

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2

Be involved

- Take a genuine interest in your child's school life by asking about their day, their friends, and their learning experiences.
- Dedicate time and be available to listen to their concerns and provide support when they face challenges.



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3 Structure their environment

- **Clearly communicate rules and expectations, and set consistent and predictable consequences.** Define what is required during homework time, including the expected duration and specific goals.
- **Offer constructive feedback** by highlighting both strengths and areas for improvement, focusing on effort and progress.
- **Provide the necessary resources and support** to ensure your child has the tools needed for their assignments, and provide help when needed.

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